



WINDSURF

OUR COURSES



The Sardinia Sporting Club is a school affiliated with the Italian Sailing Federation. **All KIDS and BEGINNERS courses include all equipment** (board, sail, wetsuit, life jacket, boat assisted and course participation certificate). All courses are dependent on weather conditions, which for safety reasons will be evaluated by the instructors. Their decision is final. You may start any course on any day of the week. Please note the minimum duration mentioned, for each course in the course descriptions below. You may spread the lessons as well as the free equipment rental for up to 2 seasons. Lessons and/or equipment rental are transferable to another person.,no refunds will be made.

KIDS		<ul style="list-style-type: none"> • from 5 to 7 years old • maximum 2 kids per equipment • single kids group lessons 27€; private lessons 37€ (30/45min.) 	
G1	Play surf (min. 2 days)	4 lessons of 30/45 minutes each with ultra light equipment and constant presence of instructor-entertainer. We offer your kids the chance to learn about windsurfing while having fun	100 €

BEGINNERS		<ul style="list-style-type: none"> • Minimum age 8 years old. • maximum 5 participants per instructor • 1 single lesson from a collective course € 40 	
D	Day course (min. ½ day)	2 lessons of 90 minutes each+ 1 hours free equipment rental 1st experience of the windsurfing feeling!	90 €
S	Speedy (min. 1 ½ days)	3 lessons of 90-minute each + 2 free hours of rental (off-season: 2 half days) For people pressed for time who want to sample the thrill of ws or brush up on old skills.	140 €
A1	Beginners (min. 2 ½ days)	5 lessons of 90 minutes each+ 3 hours free equipment rental (off-season: 3 half days) We will teach you the technical and practical basics of WS so you may sail on your own.	190 €
A2	Advanced course (min. 2 ½ days)	5 lessons of 90 minutes each+ 3 hours free equipment rental (off-season: 3 half days) The goal is to sustain stronger winds and a lot of practice.... on a quest to plane!	
A3	Advanced course (min. 2 ½ days)	5 lessons of 90 minutes each+ 3 hours free equipment rental (off-season: 5 half days) Usage of straps, harness, Boards without centerboard.Course target: planing.....	190 € with basic equip. 260 € with funboard equip.
H	Intensive (min. 5 days)	10 lessons of 90 minutes each + 10 hours free equipment rental (off-season: 5 half days) Full immersion in the world of windsurfing to achieve excellent results quickly.	330 €

ADVANCED		<ul style="list-style-type: none"> • Simulator on the beach, video training, walky talky helmet, boat assistance. • from 8 years old • maximum 4 participants per instructor • 1 single lesson from a collective course € 40 without equip. /50€ with equip. 	
F1	Funboard 1 (min. 1 ½ days)	3 lessons of 90 minutes each A true quality leap: waterstart, all straps, planing on smaller boards.	110 € without equip. 140 € incl.equip.
F2	Funboard 2 (min. 1 ½ days)	3 lessons of 90 minutes each Body position for planning, power jibe, and planning tack ... to achieve perfection!	
X	Freestyle (min. 1 ½ days)	3 lessons of 90 minutes each From duck jibe to vulcan, spock or forward:never stop learning!	
W	wave 1 (min. 2 days)	minimum age 18 years old, maximum 2 participants per instructor.2 ½ days On the best wave spots on the north coast. Feel the thrill!!!	350 € without equip. 430 € incl. Equip.

- For all the group's courses the lesson's duration depends how many people we have .
1 person 50min ; 2 people 70min , from 3 people we make a normal group for 90 min.
- Low seson 2010 from 1 st April till 10 th june – from 10th September till.....

FURTHER OPTIONS Private lessons (60 minutes) individual € 50, double € 90, triple € 120 1hour of continuous input to help you blaze through every step with the best instructor dedicated to you./uour group
Personalized Packages (reception, tel. 0789704016 www.portopollo.it)

COURSES DISCOUNTS
valid all year long

- Everybody under 17 years old, all girls and women will have a 10% off discount on A1,A2,A3 F1 and F2
- 5% cumulative discount if the course is completed in consecutive days
- Groups discount:
5% off on the 2nd and 3rd student
10% off from the 4th student
- Family discount:
full price for the first parent
5% off on the second family member
10% off from the 3rd family member

For further informations please inform yourself at our friendly reception desk, on the phone 0789.704016 or in our web page
WWW.PORTOPOLLO.IT